

OURS SERVICES

FOOT MASSAGE

Ideal for relieving stress and tensions; great way to relax after a long day; improves blood circulation; relieves leg pain.

30 minutes	€27	*€33
45 minutes	€32	*€38
60 minutes	€37	*€43
Foot Spa with Massage	60 min	€50
Foot Massage with Therapeutic Foot Soak	60 min	€45

FOOT REFLEXOLOGY

Helps in the removal of toxins; improves metabolism and energy; relieves stress, anxiety and insomnia; relieves headaches and migraines; helps to lower blood pressure.

30 minutes	€35	*€41
45 minutes	€40	*€46
60 minutes	€45	*€51
Foot Spa with Reflexology	60 min	€55
Foot Reflexology with Therapeutic Foot Soak	60 min	€53

*with exfoliation

COMBINED DUO

Two Body Parts of Your Choice

foot + hands + legs to knee + head + shoulders

	MASSAGEM	REFLEXOLOGIA
30 minutes	€35	
45 minutes	€40	€45
60 minutes	€45	€50

*with exfoliation add 5€

TRIO

Three Body Parts to Choose From

foot + hands + legs to knee + head + shoulders

	MASSAGE	REFLEXOLOGY
45 minutes	€45	€50
60 minutes	€50	€55

*com exfoliação acresce 6€

FACE TREATMENTS

Express Facial Biotherapy	25 minutes	€35
Detox Facial Biotherapy	60 minutes	€62
Antiaging Facial Biotherapy	60 minutes	€62
Sensitiv Facial Biotherapy	60 minutes	€62
Iluminante Facial Biotherapy	60 minutes	€62
Antiaging Plus	60 minutes	€62
Craniofacial Massage	45 minutes	€45

COMBINED - FACE

Express Facial Biotherapy + Foot and Hand Exfoliation with Hydration	60 min	€70
Exfoliation and Hydration of Foot + Hands	30 min	€40
Exfoliation and Hydration Feet or Hands	20 min	€25

BODY TREATMENTS

Manual Lymphatic Drainage

Full Legs	45 minutes	€50
Full Legs + Abdomen	60 minutes	€60
Abdomen	30 minutes	€40

Light Leg Massage

Light Leg Massage (Complete)	30 minutes	€40
	45 minutes	€45
	60 minutes	€50

Prenatal	45 minutes	€45
	60 minutes	€50

Back Massage	30 minutes	€40
	45 minutes	€45
	60 minutes	€50

Full Body Massage Relaxation

60 minutes	€60
75 minutes	€70

Therapeutic Full Body Massage

60 minutes	€70
75 minutes	€85

Shiatsu

60 minutes	€55
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Back Massage + Reflexology	75 minutes	€64
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Full Leg Massage + Reflexology	75 minutes	€64
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MLD* Full Leg Massage + Reflexology	75 minutes	€72
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MLD* Legs + Abdomen + Reflexology	90 minutes	€80
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*Manual Lymphatic Drainage

SPECIAL TREATMENTS

Facial Reflexology	60 minutes	€45
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Facial Bamboo Therapy	60 minutes	€45
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Ear Candles	45 minutes	€42
	PACK (3x)	€110

Therapeutic foot soak	15 minutes	€15
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MONTHLY PLANS

Water	4 x reflexology (45 minutes)	€105
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Earth	4 x reflexology (45 minutes) + 2 x two parts massage (30 minutes)	€135
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WANT MORE?

Add extra time to your treatment

Massage	+15 minutes	+€17
	+30 minutes	+€22

Reflexology	+15 minutes	+€22
	+30 minutes	+€27

Check out our monthly plans to ensure your well-being all year round!
Don't miss our promotions and seasonal offers. Stay tuned!

