

FOOT MASSAGE

Ideal for relieving stress and tensions; great way to relax after a long day; improves blood circulation; relieves leg pain.

30 minutes	£25	*£31
45 minutes	£30	*£36
60 minutes	£35	*£41
Foot Spa with Massage	60 minutes	£48

FOOT REFLEXOLOGY

Helps in the removal of toxins; improves metabolism and energy; relieves stress, anxiety and insomnia; relieves headaches and migraines; helps to lower blood pressure.

30 minutes	£33	*£39
45 minutes	£38	*£44
60 minutes	£43	*£49
Foot Spa with Reflexology	60 minutes	£53

\*with exfoliation

COMBINED

DUO

Two Body Parts of Your Choice

foot + hands + legs to knee + head + shoulders

	MASSAGE	REFLEXOLOGY
30 minutes	£33	
45 minutes	£38	£43
60 minutes	£43	£48

\*with exfoliation add 6€

TRIO

Three Body Parts to Choose From

foot + hands + legs to knee + head + shoulders

	MASSAGE	REFLEXOLOGY
45 minutes	£43	£48
60 minutes	£48	£53

\*with exfoliation add 6€

FACE TREATMENTS

Bioterapia Facial Express	25 minutes	£33
Bioterapia Facial Detox	60 minutes	£60
Bioterapia Facial Antiaging	60 minutes	£60
Bioterapia Facial Sensitiva	60 minutes	£60
Bioterapia Facial Iluminante	60 minutes	£60
Antiaging Plus	60 minutes	£60
Craneofacial Massage	45 minutes	£43

COMBINED - FACE

Express Facial Biotherapy + Foot and Hand Exfoliation with Hydration	60 minutes	£68
Exfoliation and Hydration of Foot + Hands	30 minutes	£38
Exfoliation and Hydration Feet or Hands	20 minutes	£23

BODY TREATMENTS

Manual Lymphatic Drainage

Full Legs	45 minutes	£48
Full Legs + Abdomen	60 minutes	£58
Abdomen	30 minutes	£38

Light Leg Massage

	30 minutes	£38
Light Leg Massage (Complete)	45 minutes	£43
	60 minutes	£48
Prenatal	45 minutes	£43
	60 minutes	£48
Back Massage	30 minutes	£38
	45 minutes	£43
	60 minutes	£48

Full Body Massage Relaxation

60 minutes	£58
75 minutes	£68

Therapeutic Full Body Massage

60 minutes	£68
75 minutes	£83

Shiatsu

60 minutes	£53
Combined Back + Reflexology	75 minutes £60

SPECIAL TREATMENTS

Facial Reflexology	60 minutes	£43
Facial Bamboo Therapy	60 minutes	£43
Ear Candles	45 minutes	£40
Packages (3x)		£90

MONTHLY PLANS

Water	4 x reflexology (45 minutes)	£95
Earth	4 x reflexology (45 minutes) + 2 x two parts massage (30 minutes)	£125

WANT MORE?

Add extra time to your treatment

Massage	+15 minutes	+15
	+30 minutes	+20
Reflexology	+15 minutes	+20
	+30 minutes	+25

Check out our monthly plans to ensure your well-being all year round!  
Don't miss our promotions and seasonal offers. Stay tuned!



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